Epidural anesthesia in obstetrics: Impact on the experience of birth

Original title / Originaltitel
Die Periduralanästhesie (PDA) in der Geburtshilfe: Auswirkung auf das Geburtserlebnis

Summary / Zusammenfassung
Analgesia during delivery is still a challenge: On the one hand most of the women want to experience the delivery of their baby with a minimum of medical interventions and on the other hand the pain of birth is intolerable to many women and prevents the experience of the delivery in a positive way. With the help of epidural analgesia a reduction and even the avoidance of pain during delivery is possible. However, epidural analgesia also has disadvantages such as reduced mobility of the woman and a prolongation of the delivery.

It is the aim of our trial to evaluate the degree of the woman`s satisfaction with the delivery in dependency of the use of epidural analgesia in retrospect. Therefore a questionnaire consisting 50 items is sent to all women who delivered their babies in our hospital during a 6 month period in 2003.

Keywords / Suchbegriffe
delivery, epidural analgesia, pain

Project Leadership and Contacts / Projektleitung und Kontakte
PD Dr. E. Beinder (Project Leader) ernst.beinder@usz.ch
cand. med. D. Brander (Project Leader)

Funding Source(s) / Unterstützt durch
Forschungskredit der Universität Zürich

Duration of Project / Projektdauer
Feb 2004 to Sep 2004